16. (New) The snow board of claim 15, wherein the means for connecting

bindings comprises inserts.

17. (New) The snow board of claim 15, wherein the means for connecting

bindings comprises a rail extending longitudinally of the elongate web and

includes means for adjusting the position of the bindings.

18. (New) The snow board of claim 15, further comprising spacers of a

height substantially equal to the protrusion of the elongate web and attached

to one of the gliding members and the bindings.

**Remarks** 

Wile they are believed to improve Applicant's specification and claims in formal respects, none of the proposed amendments adds new matter to

Applicant's original disclosure.

Respectfully submitted,

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